

**Metropolis of S.F. Adult Camp St. Nicholas Ranch, Dunlap, CA
September 17- September 21, 2018**

Registration: Arrive between 2:00-4:30pm on Monday & proceed directly to the Dining Room to Register, Received Room Key, Name-Tag & Daily Schedule of Activities.

Please note: Camp concludes Friday morning at 10:30/11:00am following Breakfast, Reflections, Camp Songs & Prayer

ITEMS TO BRING

**Camera, Flashlight, Toiletries & Medications, Jacket or Sweater for Evening
-Optional: Shower Cap & Night Light-** (not issued in your room)

Walking Shoes– There will be walking every morning at 6:30am for those who care to participate.

Bathing Suit– There is a large pool-great for exercise & swimming

Women– Long sleeve top, skirt & head covering to visit monastery– Tuesday

Men– Long pants and long sleeve shirt to visit the monastery on Tuesday

Your Favorite Pajamas, Nightgowns or Robes to wear for Breakfast on Thursday morning.

Olympic Themed Workout Clothing, hats, skirts, sunglasses, shoes, purses, jewelry etc. especially for the pool-side “Happy Hour” on Tuesday afternoon

Dress like a Greek for “Happy Hour” on Thursday afternoon

Prepare Skits, Jokes, Poems, American or Ethnic Ballads or Songs- (Solo, Duet or Team).

Wigs, Props & Musical Instruments for **TALENT SHOW** on Thursday Evening.

Arts & Crafts: We will supply the decorations.